



2nd Kup Red Belt

GRADING INFORMATION: A licence/renewal costs £40 for 12 months.

The cost per grading is £30. TAGB White Dobok suits must be worn for grading.

Pattern - Hwa Rang

Blue Belts and above minimum time between gradings is now 6 Months.

If the examiner wants to see sparring, you will need your sparring kit and gum shield.

PRACTICAL: Name is called: Shout "Here Sir/Ma'am!", and walk to the spot on the floor

Pattern, Hwa Rang

3 Patterns (1 Student's Choice, 2 Examiner's Choice)

Line work examiner's choice, 1 Step Sparring

Other Step Sparring, Free Sparring

THEORY: You will be asked questions on the grading day by the grading Grand Master.

You may be asked any theory questions from white to your belt.

Think about obtaining a copy of the TAGB book available, £14

which prepares to take you to black belt.

The TAGB quiz page which is great for practice:

<https://blackbeltschools.com/syllabus/koreanquiz.asp>

Interpretation of Hwa Rang

Hwa Rang, 29 movement pattern - is named after the Hwa Rang youth group, which originated in the Silla Dynasty about 600 AD and became the driving force for the unification of the three kingdoms of Korea. The 29 movements refer to the 29th infantry division, where Tae Kwon Do developed into maturity.

Meaning of Black Belt:

Black belt is the opposite of white, signifying maturity and proficiency in Tae Kwon Do.

Also indicates the wearers imperviousness to darkness and fear.

Korean Terminology required: (and also any previous grading theory)

Close ready stance 'C' **Moa junbi sogi 'C'** Twisting kick **Bituro chagi**

Upward punch **Ollyo jirugi** Consecutive kick **Yonsok chagi**

Knife-hand downward strike **Sonkal naeryo taerigi** Grabbing **Butjaba**

Side elbow thrust **Yop palkup tulgi** Toes **Balkut** Reverse hooking kick **Bandae dollyo goro chagi**

Turning **Dolgi** Side sole **Yop bal badak** Sliding **Mikulgi** Open fist **Pyon joomuk**

Back forearm **Dung palmok** Under forearm **Mit palmok**

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