



3rd Kup Red Belt

GRADING INFORMATION: A licence/renewal costs £42 for 12 months.
The cost per grading is £32. TAGB White Dobok suits must be worn for grading.

Pattern - Toi Gye

Blue Belts and above minimum time between gradings is now 6 Months.
If the examiner wants to see sparring, you will need your sparring kit and gum shield.
PRACTICAL: Name is called: Shout "Here Sir/Ma'am!", and walk to the spot on the floor

Pattern - Toi Gye

Student' Choice Pattern, Examiner's Choice Pattern
3 Step Semi Free Sparring (Advanced), 1 Step Sparring
Free Sparring

THEORY: You will be asked questions on the grading day by the grading Grand Master.
You may be asked any theory questions from white to your belt.
Think about obtaining a copy of the TAGB book available, £14
which prepares to take you to black belt.

The TAGB quiz page which is great for practice:
<https://blackbeltschools.com/syllabus/koreanquiz.asp>

Interpretation of pattern Toi Gye

Toi Gye - 37 movement pattern - is the pen name of the note scholar Yi Hwang (16th AD,) an authority on neo-Confucianism. The 37 movements refer to his birthplace on 37 degrees latitude and the diagram (±) represents the scholar.

Meaning of Red Belt:

Red signifies danger, cautioning the student to exercise control and warning the opponent to stay away.

Korean Terminology required: (and also any previous grading theory)

Outer forearm W-shape block **Bakat palmok san makgi**
Double forearm pushing block **Doo palmok miro makgi**
Back fist back strike **Dung joomuk dwit taerigi**
Upset fingertip thrust **Dwijibo sonkut tulgi**
Twin side elbow thrust **Sang yop palmok tulgi**
Crescent kick **Bandal chagi** 45 degree kick **Beet chagi**
Vertical kick **Sewo chagi** 1-step sparring **Ilbo matsoki**
Arm **Pal** Leg **Dari** Wrist **Sonmok**

✉ sarah.ginger@gmail.com

☎ 07772 961086

🌐 sarahgingertaekwondo.com

Find us on  @SGTKD

