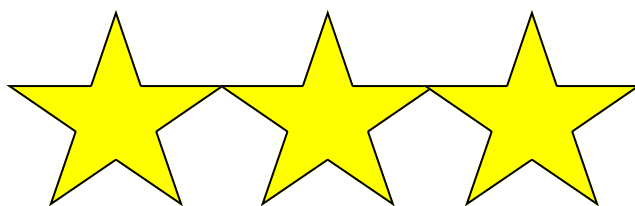


**JUNIOR  
BLACK BELT  
STAR GRADING**

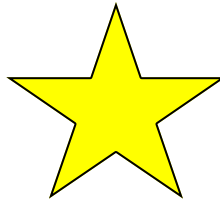


**T . A . G . B .**  
**TAE KWON-DO**  
ESTABLISHED 1983

**Information Pack**

Revised 2011

# Junior Black Belt Star Grading

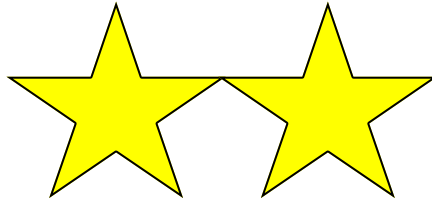


**After 1 Year at 1st Dan  
TEST FOR 1 STAR**

- Line work
- Choice of coloured belt pattern
- Choice of 1st Dan pattern
- Pad Work  
1 direction kicking technique.  
e.g. 1 kickshield to held and struck with left and right leg,  
either jumping or static.
- 1 Step sparring
- Free Sparring x 2 rounds.
- Theory

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# Junior Black Belt Star Grading

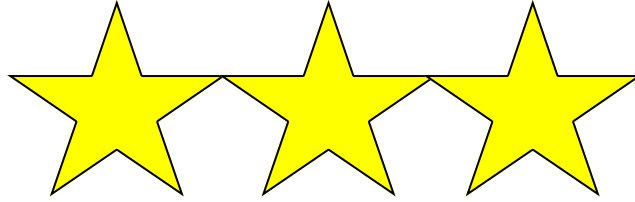


**After 2 Year at 1st Dan  
TEST FOR 2 STARS**

- Line work
- Choice of coloured belt pattern
- Choice of two 1st Dan patterns
- Pad Work:  
2 directional kicking technique:-  
e.g. 2 round pads held , pads to be struck in quick  
succession, either jumping or static.
- 1 Step sparring
- Free Sparring x 2 rounds.
- Theory

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# Junior Black Belt Star Grading



**After 3 Year at 1st Dan  
TEST FOR 3 STARS**

- Line work
- Choice coloured belt pattern
- Perform all three 1st Dan patterns
- Pad Work  
Power test:-  
1 Hand and 1 Foot technique to kickshield with full power,  
choice of right or left side, either jumping or static.
- 1 Step Sparring
- Free Sparring x 2 rounds.
- Theory

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